



Basildon Phoenix Swimming Club

Short Course Autumn Meet

Race Schedule

Session 1 Saturday Boys Warm Up 1.00pm Girls Warm Up 1.20pm Signing in Closes 1.20pm Start 1.45pm						Session 3 Sunday Girls Warm up 1.00pm Boys Warm Up 1.20pm Signing in Closes 1.20pm Start 1.45pm								
Event	1	Boys	400m	Freestyle	HDW					17	Girls	400m	Freestyle	HDW
	2	Girls	400m	I.Medley	HDW					18	Boys	400m	I.Medley	HDW
	3	Boys	50m	Freestyle	HDW					19	Girls	50m	Freestyle	HDW
	4	Girls	200m	Butterfly	HDW					20	Boys	200m	Butterfly	HDW
	5	Boys	100m	Backstroke	HDW					21	Girls	100m	Backstroke	HDW
	6	Girls	200m	Breaststroke	HDW					22	Boys	200m	Breaststroke	HDW
	7	Boys	100m	Freestyle	HDW					23	Girls	100m	Freestyle	HDW
	8	Girls	100m	I.Medley	HDW					24	Boys	100m	I.Medley	HDW
Session 2 Saturday Boys Warm Up 5.00pm Girls Warm Up 5.20pm Signing in Closes 5.20pm Start 5.45pm						Session 4 Sunday Girls Warm Up 5.00pm Boys Warm Up 5.20pm Signing in closes 5.20pm Start 5.45pm								
	9	Boys	200m	I.Medley	HDW					25	Girls	200m	I.Medley	HDW
	10	Girls	50m	Butterfly	HDW					26	Boys	50m	Butterfly	HDW
	11	Boys	50m	Backstroke	HDW					27	Girls	50m	Backstroke	HDW
	12	Girls	200m	Freestyle	HDW					28	Boys	200m	Freestyle	HDW
	13	Boys	50m	Breaststroke	HDW					29	Girls	50m	Breaststroke	HDW
	14	Girls	100m	Butterfly	HDW					30	Boys	100m	Butterfly	HDW
	15	Boys	100m	Breaststroke	HDW					31	Girls	100m	Breaststroke	HDW
	16	Girls	200m	Backstroke	HDW					32	Boys	200m	Backstroke	HDW

Winners Medals can be collected as soon as official results are published and will be given to the top 3 in each age group – No Medals will be posted after the event

Swimmers and Coaches will be allowed on Poolside at 12.50pm
Absolutely no earlier