



# Roll of Honour



## Masters

### **NATIONAL ACHIEVEMENTS:**

#### **National Champions:**

##### **2013:**

Jessica Ford - 17-24 age group– 800 metres freestyle

#### **National Medal Winners:**

##### **2013:**

Jessica Ford - 17-24 age group– Silver medal – 200 metres freestyle

Jessica Ford - 17-24 age group– Bronze medal – 200 metres individual medley

#### **National Qualifiers:**

##### **2013:**

Jessica Ford - 17-24 age group – 4 events

John Kirby - 30-34 age group – 4 events

### **REGIONAL ACHIEVEMENTS:**

#### **East Region Champions:**

##### **2013:**

Jessica Ford - 18-24 age group – 50 metres breaststroke

Jessica Ford - 18-24 age group – 50 metres butterfly

Jessica Ford - 18-24 age group – 50 metres freestyle

Jessica Ford - 18-24 age group – 200 metres freestyle

Jessica Ford - 18-24 age group – 200 metres individual medley

Katrina Farrall -40-44 age group – 50 metres butterfly

Katrina Farrall -40-44 age group -100 metres butterfly

Abbie Newell -18-24 age group – 50 metres backstroke

Joe Wennell -18-24 age group -100 metres backstroke

Samantha Mullender -18-24 age group– 200 metres backstroke

Samantha Mullender -18-24 age group– 400 metres freestyle

##### **2012:**

Amy Murfitt - 18-24 age group – 50 metres backstroke

Amy Murfitt - 18-24 age group – 100 metres backstroke

John Kirby - 30-34 age group – 50 metres freestyle  
Matthew Rickett - 30-34 age group – 100 metres butterfly  
120+ Medley Relay – A Murfitt, K Farrall, M Rickett, J Kirby

**2011:**

Amy Murfitt - 18-24 age group – 50 metres freestyle  
Amy Murfitt - 18-24 age group – 50 metres backstroke  
Amy Murfitt - 18-24 age group – 100 metres freestyle  
Amy Murfitt - 18-24 age group – 100 metres backstroke  
Amy Murfitt - 18-24 age group – 200 metres freestyle  
Matt Dibble - 18-24 age group – 50 metres freestyle

**2010:**

Mark Spiller 25-29 age group – 50 metres freestyle  
Mark Spiller 25-29 age group - 100 metres freestyle

**COUNTY ACHIEVEMENTS:**

**Essex County Champions:**

**2013:**

Jessica Ford - 18-24 age group – 400 metres freestyle  
Jessica Ford - 18-24 age group – 200 metres freestyle  
Jessica Ford - 18-24 age group – 100 metres individual medley  
John Kirby - 30-34 age group – 50 metres freestyle  
John Kirby - 30-34 age group – 100 metres freestyle  
John Kirby - 30-34 age group – 200 metres freestyle  
Katrina Farrall - 40-44 age group – 50 metres backstroke  
Katrina Farrall - 40-44 age group – 50 metres butterfly  
Katrina Farrall - 40-44 age group – 100 metres butterfly  
Christine Bearwish - 45-49 age group – 50 metres freestyle  
Christine Bearwish - 45-49 age group – 50 metres backstroke  
Matt Dibble - 18-24 age group – 100 metres backstroke  
Donna Dryhurst - 25-29 age group – 100 metres breaststroke  
Amanda Goodman - 40-44 age group – 200 metres freestyle  
Alistair Joyce - 45-49 age group – 400 metres freestyle

**2012:**

John Kirby - 30-34 age group – 50 metres freestyle  
John Kirby - 30-34 age group – 400 metres freestyle  
Katrina Farrall - 40-44 age group – 50 metres butterfly  
Katrina Farrall - 40-44 age group – 100 metres butterfly  
Joe Wennell - 18-24 age group – 100 metres individual medley  
Amanda Goodman - 40-44 age group – 200 metres freestyle

Christine Bearwish - 45-49 age group – 50 metres freestyle

**2011:**

Amanda Goodman - 40-44 age group – 50 metres freestyle

Amanda Goodman - 40-44 age group – 200 metres freestyle

Katrina Farrall - 40-44 age group – 100 metres backstroke

**REPRESENTATIVE HONOURS:**

**Represented Essex:**

**2012:**

Christine Bearwish – 18 November 2012

John Kirby – 18 November 2012