



BPSC Essex Champions – Congratulations to all the swimmers to took part in the 2016 Essex County Championships. Fantastic individual and team performances from each and every one of the BPSC swimmers.

The Stats

BPSC swimmers have virtually re-written the BPSC long course club record book at Essex Counties 2016. 40 swimmers breaking 103 records, of which 29 were overall Age group records, 8 were overall long course records and one was an overall club record.

Congratulations to the swimmers that have broken overall Male/Female BPSC club records and overall Male/Female BPSC Long-course records.

- **Ellie Wheeler** – Gaining the overall Long Course records for 200m Breaststroke and the 400m IM. The 400m IM long course record was previously held by **Kathryn Pearse** set in Dec-2010.
- **Vejune Petraityte** – LC 50m Breaststroke previously held by **Rianna Smith**
- **Brooke Frost** – Breaking her own LC 50m Backstroke and LC 100m fly records. Brooke also added the LC 50m fly record of 29.85, previously held by **Georgia Mills**, and also the first female LC 50m Fly sub 30 time.
- **Rianna Smith** – LC 800m Freestyle previously held by **Kathryn Pearse**, set in Dec-2010
- **George Epsly** – breaking his own LC 50m fly record of 26.18 that he first set as a 16yr and then replicated as a 17yr. His new time of 25.80 is the first BPSC LC 50m Fly under 26s
- **Fraser Scott** – Gaining the Overall club record for LC 1500m, setting a new time of 16:50.70. His time beats the SC record by 7s, the LC record by 31s (previously held by **Bradley Clarke** since 2012) and his own 17yr LC age group record by 44s.

The following pages provide more details including club Age Group records .

Below is a table of all of the long standing club records broken between 21st Dec 2015 and 27th Feb 2016. All but Sophie's 50m Breast record was set over the 3 weekends of County competition.

YEAR	M/F	Age Group	SC/LC	Name	Event	Previous Holder	Date
2010	F	Overall LC	LC	Ellie Wheeler	400m IM	Kathryn Pearse	04-Dec-10
2010	F	Overall LC	LC	Rianna Smith	800m FC	Kathryn Pearse	18-Dec-10
2011	M	15	LC	Reece Nicholls	50m Back	Joshua Inwood	30-Apr-11
2011	M	15	LC	Reece Nicholls	100m Back	Joshua Inwood	30-Apr-11
2011	F	18+	LC	Emily Lane	100m Back	Chloe Williams	01-May-11
2011	F	10	LC	Sophie Jenkinson	100m Breast	Brooke Frost	12-Jun-11
2011	F	10	SC	Sophie Jenkinson	50m Breast	Brooke Frost	03-Jul-11
2011	M	14	LC	Samuel Bryan	100m Fly	Aidan Robinson	26-Nov-11
2011	M	15	LC	Reece Nicholls	200m Back	Joshua Inwood	26-Nov-11
2011	M	15	LC	Reece Nicholls	200m FC	Bradley Clarke	26-Nov-11
2011	M	18+	LC	James Day	400m FC	Michael Grace	27-Nov-11
2011	M	15	LC	Reece Nicholls	400m FC	Bradley Clarke	17-Dec-11
2012	M	11	LC	Harrison Rider	50m FC	Harvey Jolly	07-Apr-12
2012	F	15	LC	Brooke Frost	200m FC	Georgia Mills	05-May-12
2012	F	15	LC	Ciarra Rafferty	50m FC	Georgia Mills	05-May-12
2012	F	15	LC	Brooke Frost	100m FC	Georgia Mills	06-May-12
2012	M	11	LC	Harrison Rider	100m FC	Harvey Jolly	03-Jun-12
2012	M	12	LC	James Dillon	200m Breast	Harry Nicholls	03-Jun-12
2012	M	Overall LC	LC	Fraser Scott	1500m FC	Bradley Clarke	23-Nov-12
2012	F	15	LC	Brooke Frost	400m IM	Ellie Pirrie	24-Nov-12
2012	F	15	LC	Brooke Frost	100m Fly	Ellie Pirrie	25-Nov-12
2012	F	15	LC	Brooke Frost	200m IM	Kayleigh Umfreville	25-Nov-12
2012	F	18+	LC	Emily Lane	50m Back	Abbie Newell	15-Dec-12
2012	M	10	LC	Charles Royle	400m FC	Mason Hunnisett	16-Dec-12
2012	F	17	LC	Rianna Smith	50m Breast	Charlotte Hartin	16-Dec-12
2012	F	18+	LC	Katarina Blanco	50m FC	Abbie Newell	16-Dec-12
2013	M	16	LC	Samuel Pease	50m Breast	Wesley Brame	29-Mar-13
2013	F	17	LC	Tia Colby	400m FC	Charlotte Hartin	26-Apr-13
2013	M	16	LC	Samuel Pease	50m Back	Harvey Brown	04-May-13
2013	M	15	LC	Harvey Jolly	50m FC	Aidan Robinson	05-May-13
2013	M	15	LC	Harvey Jolly	50m Fly	Aidan Robinson	05-May-13
2013	M	17	LC	George Epsly	50m Back	Gareth Hawkins	24-Nov-13
2013	F	15	LC	Brooke Frost	100m Back	Ruby Wilson	24-Nov-13
2013	F	15	LC	Brooke Frost	50m Back	Ruby Wilson	08-Dec-13
2013	M	10	LC	Luke Oulds	50m Back	Cole Shepard	21-Dec-13
2013	M	10	LC	Frankie Shepherd	50m Breast	Henry Ferries	21-Dec-13

On the following page is a summary by swimmer of all the records broken between 21st December 2015 and 27th February 2016

BPSC Age Group short course records achieved between 21/12/2015 & 27/02/2016

Female

Records Broken	Name	Age Group	Events
9	Ruby Wheeler	9	50m FC,50m Fly,50m Breast,100m FC,100m Breast,200m FC,200m Fly,200m IM,400m FC
3	Sophie Jenkinson	10	50m Breast (SC),100m Breast, 200 Breast
1	Olivia Dowman	10	50m Fly
2	Ella Turner	10	100m Fly, 200m Fly
1	Grace Waller	11	50m Free
3	Poppy Allen	12	50m Breast,100m Breast,200m Breast
3	Isabelle Sandford	12	50m FC,50m Fly,800m FC
1	Rebecca Howell	12	200m Fly
1	Macy Lawrence	13	50m FC
3	Ellie Wheeler	13	100m Breast,200m Breast,400m IM
1	Vejune Petraityte	13	50m Breast
3	Caitlin Watson-Dotchin	14	50m Breast,100m Breast,200m Breast
1	Bryony Umfreville	14	50 Fly
1	Erin Lee	14	200m FC
9	Brooke Frost	15	50m Back,50m Fly,100m FC,100m Fly,100m Back,200m FC,200m Back,200m IM,400m IM
1	Ciarra Rafferty	15	50m FC
4	Rianna Smith	17	50m FC,50m Breast,200m FC,800m FC
4	Tia Colby	17	100m Back,200m Back,200m IM,400m FC
3	Emily Lane	18+	50m Back,50m Fly,100m Back
2	Katarina Blanco	18+	50m FC,100m FC
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Male

Records Broken	Name	Age Group	Events
1	Mason Allen	9	50m FC
1	Luke Oulds	10	50m Back
2	Frankie Shepherd	10	50m Breast,100m Breast
1	Charles Royle	10	400m FC
6	Harrison Rider	11	50m FC,50m Fly,50m Back,100m Back,100m FC,200m FC
3	James Dillon	12	50m Breast,100m Breast,200m Breast
3	Samuel Perks	13	50m Back,100m Back,200m Back
2	Mason Hunnisett	13	50m Fly,100m Fly
1	Benjamin Harvey	13	1500m FC
3	Billy Lo	14	50m Breast,100m Breast (LC), 100m Breast (SC)
3	Samuel Bryan	14	50m Fly,100m Fly,200m Fly
6	Reece Nicholls	15	50m Back,100m Back,200m Back,100m Breast,200m FC,400m FC
2	Harvey Jolly	15	50m FC, 50m Fly
5	Samuel Pease	16	50m Back,50m Breast,100m Back,100m Breast,200m IM
3	George Epsly	17	50m Back,50m FC,50m Fly
3	Fraser Scott	17	50m Breast, 100m Breast, 1500m FC
1	Ryan Nicholls	17	200m Back
1	Conor Harrold	18+	200m FC
1	James Day	18+	400m FC
1	James Davis	18+	400m IM
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